

***Finding What You Didn't Lose:  
A Retreat to Uncover Your Hidden Wholeness  
through the Healing Power of Writing***

**with John Fox, CPT, and Dr. Sally Z. Hare**



**September 12-14, 2008  
Los Gatos, California  
at Presentation Retreat and Conference Center  
tucked among the redwoods  
in the Santa Cruz Mountains just 20 minutes from Silicon Valley**

*Some things have to be believed to be seen.  
You have to know they exist –  
or you won't see them.*

*--Sally Z. Hare, I'll Meet you in the Field:  
The Intersection of Education and Community*

Of course, we haven't really lost our hearts, our true selves, our sense of passion for our life and work. But the pressures and hectic pace of our modern lives too often cause us to stop believing – and we can no longer see what has always been there. Those of us engaged in organizational leadership, teaching, psychology, pastoral care, medicine and other service professions, in community service and social change, know the challenge of sustaining ourselves and our commitment to deeply held values and beliefs.

The more passionate we are about our work, the more vital it is that we take time to renew our own spirits—to reconnect with the wellsprings of our work in the world, our service to others.

In this unique retreat, poet John Fox and teacher Sally Z. Hare come together for the first time to explore the intersection of **their** work. They invite **you** to experience a circle

of trust, grounded in Sally's many years of working with Parker J. Palmer's formation theory, **and** the healing power of writing, based in John's own work in poetry therapy.

This safe space offers the opportunity to glimpse your own hidden wholeness, to rejoin soul and role, to reconnect who you are with what you do. This is a creative endeavor that asks us to reclaim our deep voice and express what matters to us; or in the words of John Fox's poetic medicine, to awaken soulfulness in the human voice.

This circle of trust retreat is for persons from diverse professions: education, health care, psychology, law, philanthropy, religious/spiritual life, and nonprofit and community organizations. We will be meeting at the beautiful Presentation Retreat and Conference Center ([www.presentationcenter.org](http://www.presentationcenter.org)), located within easy distance of the San Jose airport. **The retreat will begin at 5:00 p.m. Friday, September 12, and conclude with lunch on Sunday, September 14.**

*Stillness is where you meet with the essence of things...*

*In stillness we can begin to let go of external voices, stereotypes, and clichés that crowd out original, personal and internal voices. Those discordant outer voices fade away in stillness. Stillness is a place of rooting oneself in a much larger field of being.*

**--John Fox, *Finding What You Didn't Lose***

In this retreat the skilled facilitators will help create a quiet, focused, respectful space, in which the noise within us and around us can subside, and we can meet stillness. In large group, small group, and solitary settings, we will explore the intersection of our personal and professional lives, making use of stories from our own journeys, as well as insights from poets, storytellers, various wisdom traditions – and inviting our own writing and poetry to emerge.

## **ABOUT The Institute for Poetic Medicine**

The Institute for Poetic Medicine is 501(c)(3) organization dedicated to “awakening soulfulness in the human voice.” We nurture and strengthen the human capacity to connect to Self, Other, Community, the Natural World, and the Divine. We offer public workshops, retreats, and professional programs in therapeutic, healing, medical, educational and pastoral settings, as well as veterans, at-risk and incarcerated young people, persons living with life-altering illnesses and mental health challenges.

## **ABOUT still learning, inc.**

still learning, inc., is about renewing what we do by reclaiming who we are, in the world of work, the world of parenting, the world of family, the world of leadership. We are dedicated to the lifelong learning of teachers, educators, parents, business and other leaders through renewal programs in workshop and retreat settings all over the country. For more information, see [www.stilllearning.org](http://www.stilllearning.org).

## RETREAT LEADERSHIP

**John Fox, CPT**, is the founder and president of the Institute for Poetic Medicine. John teaches at the Institute for Transpersonal Psychology, John F. Kennedy University, California Institute of Integral Studies and Holy Names University. John has introduced the field of poetry therapy to professionals in education, cancer support, spiritual/pastoral care, counseling, and arts-in-medicine. He has worked with people throughout America as well as in the United Kingdom, Ireland, Israel, Canada, South Korea and Kuwait. He is the author of *Finding What You Didn't Lose* and *Poetic Medicine*. He is past president of the National Association for Poetry Therapy.

**Sally Z. Hare, Ph.D.**, is a teacher and a learner. She is the Singleton Distinguished Professor Emerita at Coastal Carolina University, where she served for many years as Dean of the Graduate School and Continuing Education and was the founding director of the Center for Education and Community. During her Kellogg fellowship in the early 90's, Sally had the chance to meet Parker Palmer as she was exploring the concept of community. Parker invited her to work with him as he created *The Courage to Teach*. Since that time, she has worked with the national Center for Courage and Renewal and facilitated COURAGE TO TEACH® and COURAGE TO LEAD® and CIRCLE of TRUST programs in South Carolina, North Carolina, Kentucky, Georgia, Oregon, and Kansas, and leads circle of trust retreats nationally with educators, physicians, community leaders and other professionals.

## LOCATION AND COST

The program venue is the non-profit Presentation Retreat and Conference Center, located on 67 acres in the Santa Cruz Mountains. The Center is renowned for superb meals, all home-cooked. Quaint cottages, the former homes of Montezuma Mountain School faculty, have been set up to accommodate 4 to 10 persons, depending on the size of the cottage.

This retreat is limited to 22 participants. Programs typically fill well before the deadline. Please **register by August 1st** to hold your space. (If there is space available, we will continue to accept registrations after the deadline.)

The registration fee for this retreat is \$799 and includes all retreat fees, materials, meeting space, accommodations in the cottages, all meals, coffee and refreshment breaks. Please write your check to *still learning, inc.*, and mail with the attached registration form to Dr. Sally Z. Hare, still learning, inc, P O Box 14028, Surfside Beach, SC 29587.

*By making us stop for a moment,  
poetry gives us an opportunity  
to think about ourselves  
as human beings on this planet and what we mean to each other.*  
--Rita Dove, former U.S. Poet Laureate

### For further information, please contact:

Dr. Sally Z. Hare	843-238-9291, <a href="mailto:sally@coastal.edu">sally@coastal.edu</a>
John Fox	650-938-2717, <a href="mailto:john@poeticmedicine.org">john@poeticmedicine.org</a>

**CIRCLE OF TRUST RETREAT APPLICATION**  
***Finding What You Didn't Lose***  
September 12-14, 2008

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone Numbers: H \_\_\_\_\_ W \_\_\_\_\_

E-mail \_\_\_\_\_ Fax \_\_\_\_\_

**Personal statement:** To help us discern how participating will both serve you and allow us to better plan the program, please include a personal statement (not more than two pages) with your registration:

- How you learned about this circle of trust retreat;
- Why you are interested in participating, and how you hope to benefit personally and/or professionally.

**Program costs:**

\_\_\_\_\_ \$799. My check made to *still learning, inc* is enclosed with this registration form and my personal statement

**Special Dietary Needs:**

\_\_\_\_\_

**If you have any other special needs, please let us know as soon as possible, so that we can do our best to accommodate you.**

**To register send the registration form, personal statement, and a check to:**

Dr. Sally Z. Hare  
still learning, inc.  
P O Box 14028  
Surfside Beach., SC 29587

***DEADLINE FOR REGISTRATION IS August 1, 2008.***