

Creative Healing: Healing From the Inside

*A Day-Long Symposium
For Those Coping with Cancer*



El Camino Hospital - (Back of Cafeteria)
2500 Grant Road
Mountain View, CA

Sunday, October 26: 8:30am – 4:30pm

*** FREE ***

Space Is Limited – Please Call To Register - (650) 988-8011

In the crisis atmosphere of a newly diagnosed cancer and the flurry of decisions and treatment, patients may realize that something else is necessary. For some, the something else is obvious: perhaps the need to change diet, lifestyle, handle stress, etc. For others the internal voice is not so clear and a search for answers occurs.

For Everyone, to become Whole and Healthy means:

- * You must connect with an authentic self as the source of the energy and motivation to sustain healing;
- * You have to be creative to overcome problems whose solutions eluded you before the cancer

In this hands-on workshop a panel of artists and teachers will guide you through exercises to bring you closer to your authentic self – the one who instinctively knows what you need to become healthy. You will be encouraged to express your creativity through art, poetry, storytelling and movement.

Learn To:

- * Regain your power by connecting to your Healthy Self
- * Go beyond the limits of cultural and personal cancer myths
- * Renew your creative skills and find new answers to old problems

Presented By the Buchholz Medical Group and El Camino Cancer Center

Facilitators Include:

•William M. Buchholz, M.D. (Medical Oncologist) •Susan W. Buchholz, Ph.D. (Clinical Psychologist) •John Fox, C.P.T. (Certified Poetry Therapist) •Allan Chinen, M.D. (Psychiatrist, Author, Specialist in Adult Folktales) •Jeanne Fournier (Guided Imagery & Hypnotherapy) •Kait Philbin, Ph.D. (Psychologist & Kripala Yoga Instructor) •Peter Giordano (Musician, Dir. of Story Project) •Deanna Anderson (Movement Therapist) •Linda Lum (Professor of Art – Foothill College) •Skip Cantwell (Professor of Art – Foothill College) •Rebecca Barbee (Improv Workshop Leader)